

**SAMHSA**  
**Substance Abuse and Mental Health Services Administration**  
**Fiscal Year 1999 Discretionary Funds**  
**Center for Mental Health Services (CMHS)**

**UTAH**

*Department of Human Services*  
Children's Mental Health Services  
Congressional District: UT-01  
**FY 99 Funding:** \$1,250,000  
Project Period: 9/30/98 - 8/31/03

Salt Lake City, UT  
SM52312

The Utah Division of Mental Health, in collaboration with the Utah Federation of Families, has started a program to develop fiscally maintainable and clinically sound models to provide effective mental health and support services to children and youth with serious emotional disturbance (SED) and their families living in Utah's frontier communities. The project proposes to: 1) develop comprehensive and quality wraparound services within the system of care utilizing natural supports and community/family members as service providers; 2) develop effective and accountable clinical and governance structures; and 3) provide culturally competent and clinically sound services to children and youth with SED and their families. The project proposes to accomplish these goals by developing formal interagency agreements with allied community partners regarding wraparound services, by maximizing fiscal and human resources, and by fully involving children, youth, and families in project planning, development, implementation, and evaluation.

*L I N C S*  
Children and Family Network  
Congressional District: UT-02  
**FY 99 Funding:** \$60,000  
Project Period: 9/30/98 - 8/31/01

Salt Lake City, UT  
SM52517

Utah's Federation of Families Outreach Project will develop, strengthen, and maintain 10 new Federation Chapters across the State of Utah to participate in system change work at the local, county, and State levels, and to provide ongoing support to families of children with serious emotional disturbances. The project proposes to accomplish these goals by fully involving children, youth, and families in project planning, development, implementation, and evaluation; and by developing inter-agency agreements and contracts with community mental health centers, the State Divisions of Mental Health, Health Care Finance, and other child-serving agencies regarding the sustainability of these family organizations. The project utilizes a "parent-to-parent" model. A majority of the staff of this project are parents of children with disabilities. The target population is families of children with serious emotional disturbances, and new and existing chapters of the Utah Federation of Families for Children's Mental Health.

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*Department of Human Services*

Salt Lake City, UT

Community Action Grant

SM52701

Congressional District: UT-11

**FY 99 Funding:** \$80,000

Project Period: 9/30/99 - 9/29/00

The Utah Public Mental Health System proposes to reach consensus on and adopt a model of treatment "Dialectical Behavior Therapy" an exemplary practice for the treatment of persons with borderline personality disorder.

*Utah Department of Human Services*

Salt Lake City, UT

Consumer Networking

SM52597

Congressional District: UT-02

**FY 99 Funding:** \$43,494

Project Period: 9/30/98 - 8/31/01

The purpose of this project is to improve the consumer affairs activity in the State through implementation of the project: Active Consumers Today (ACT). ACT will accomplish the following goals: 1) strengthen organizational structure of the Utah Consumer Council, 2) strengthen the organizational relationships of the Consumer Council with the State Division of Mental Health and Community Mental Health Centers.--this would be accomplished by assigning a consumer as liaison to the Utah Behavioral Health Network, and 3) increase consumers' skills competency in collaboration, networking, leadership and management to be accomplished through training and hands on experiences. Training opportunities will be a curriculum-driven, State-wide Leadership Academy and statewide and regional consumer conferences.

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**UTAH**

*Department of Human Services*

State Performance Indicator Pilot

Congressional District: UT-02

**FY 99 Funding:** \$100,000

Project Period: 9/30/98 - 9/29/01

Salt Lake City, UT

SM52489

The Utah Division of Mental Health, Department of Human Services Mental Health Performance Indicator Project will: (1) pilot 28 specific performance indicators as indicated in the Five State Feasibility Project, and (2) pilot other child and adult indicators of interest to Utah mental health stakeholders. Of special interest is the children's areas where the State desires to take a national leadership role in developing and piloting children's performance indicators. The ultimate result of this project will be to develop performance indicator data for use in decision making for continuous mental health quality improvement in planning, monitoring, provider management, policy development, and funding oversight. Project efforts also will focus on meaningful inter- and intrastate comparisons over time utilizing risk adjustment and other tools for making meaningful comparisons. A critical component of the grant will be an active collaboration with key stakeholders in the community including meetings of the Planning Council, consumer, family, and other focus groups, and through technical, provider, and Medicaid oversight activities.

*State of Utah Department of Human Services*

School Action Grant

Congressional District: UT-02

**FY 99 Funding:** \$150,000

Project Period: 9/30/99 - 9/29/00

Salt Lake City, UT

SM53003

School-aged refugee children will receive Second Step, a nationally recognized violence prevention curriculum. Consensus building involves key community leaders, including refugee groups, resettlement agencies, juvenile justice, mental health service providers, health providers, school administrators, teachers, refugee parents, refugee children, school resource officers, school counselors and other school support personnel such as cafeteria workers and bus drivers. Because refugee children may develop socially inappropriate behaviors such as aggression and withdrawal because they are unfamiliar with the culture, Second Step addresses the need of these refugee children by helping them develop pro-social behaviors.

**SAMHSA**  
**Substance Abuse and Mental Health Services Administration**  
**Fiscal Year 1999 Discretionary Funds**  
**Center for Substance Abuse Prevention (CSAP)**

**UTAH**

*University of Utah - Department of Education/Psychology*

Salt Lake City, UT

Family Strengthening

SP08684

Congressional District: UT-02

**FY 99 Funding:** \$95,035

Project Period: 9/30/99 - 9/29/01

The Big Lake Family Project is a substance abuse prevention project with Indian Native families in Salt Lake City. This project will select and adapt a program model to meet the cultural context of this population. The goals of this project are to: increase family resilience, reduce familial substance abuse, and aid in the increased capacity of the community to assist Indian Native families; build an immediate capacity to implement effective family interventions; identify key components of the decision making process in an urban Indian Native community; and to identify risk and protective factors that are in play in an urban Indian Native Community.

*Asian Association of Utah*

Salt Lake City, UT

Family Strengthening

SP08808

Congressional District: UT-01

**FY 99 Funding:** \$96,123

Project Period: 9/30/99 - 9/29/01

The nonprofit human service agency Asian Association of Utah (AAU), serving Asians and Pacific Islanders in the Salt Lake City Area, will provide family strengthening services to Chinese and Pacific Island families who immigrated to the US within the past five years. Focus groups will adapt the family strengthening model to be culturally relevant to this population. Program goals include increasing family resiliency related to decreased ATOD use and reduce risk factors associated with parent, children, and other caregivers and impactors in the community.

*Asian Association of Utah*

Salt Lake City, UT

High Risk Youth - Project Youth Connect

SP08307

Congressional District: UT-02

**FY 99 Funding:** \$450,000

Project Period: 9/30/98 - 9/29/01

The Youth Connect Project is a mentor/advocate program to deter or delay substance abuse and other problem behaviors in high-risk Asian/Pacific Islander youth in grades four through seven. The primary purpose of the program is to demonstrate that behavior, skills, attitudes, and other measurable variables related to the risk of substance use by youth can be changed through multiple activity-specific services provided by adult mentors and volunteers.

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**UTAH**

*University of Utah*

Salt Lake City, UT

Predictor Variables

SP07926

Congressional District: UT-02

**FY 99 Funding:** \$150,000

Project Period: 12/1/96 - 11/30/00

The Predictor Variable project supports a comprehensive substance abuse prevention intervention in Salt Lake City, UT. Approximately 400 children, ages 6 to 8 years, will be involved in universal, school-based training interventions, with half of the selected families also receiving a selective family skills training program. An in-home case management intervention will be provided for 50 to 100 families with the greatest needs. The results will be combined with information from the other seven research sites in this initiative for dissemination in research and practice journals, conferences, and workshops.

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**Center for Substance Abuse Treatment (CSAT)**

**UTAH**

*Utah Division of Substance Abuse*

Salt Lake City, UT

Treatment Outcome and Performance Pilot Studies

TI11621

Congressional District: UT-01

**FY 99 Funding:** \$1,604,696

Project Period: 9/30/98 - 9/29/01

In this project, the States of Utah (in the lead), Arkansas, New Hampshire and Rhode Island, due to a number of shared processes and goals, are joining together in a consortium for TOPPS II. The plan is to collectively develop an outcomes monitoring system that will give each State the institutional capability to measure and report on the effectiveness of the publicly supported treatment services rendered within its Statewide substance abuse treatment system. Each State will include about 15 programs that represent the modalities of and clients served within its substance abuse treatment system. All States plan on using a similar version of the Addictions Severity Index to serve as the basis for a common set of client admission variables to be used for case mix adjustment and client placement and treatment planning. The States will also reach consensus on a common set of performance indicators and a measure of client satisfaction. Common data elements and measures that are selected by the TOPPS II inter-State Steering Committee will be added to this study. The project will also determine the specific information necessary to place clients according to ASAM PPC-2 and to allocate treatment services (both type and intensity) according to an alternate client placement system.